

Interreg



2 Seas Mers Zeeën MONUMENT

European Regional Development Fund



**MOre NURtering and
More Empowerment Nested
in Technology**



MONUMENT

WITH THE SUPPORT OF THE EUROPEAN REGIONAL DEVELOPMENT FUND

THE PROJECT

PROJECT START

February 1st, 2020

DURATION

38 months

TOTAL BUDGET

€4 400 000

ERDF CO-FINANCING RATE

60%

ERDF FUNDING

€2 600 000

The MONUMENT project aims to reduce the burden of informal carers of people living with dementia by providing professional and structural support to these carers alongside the use of tailor-made technological solutions. The project aims to strengthen the resilience and perseverance of informal carers so that people living with dementia can remain at home for longer.

MONUMENT bases its approach on the Dutch Odense houses and enriches this concept with technological tests and demonstrations. A digital platform, completed with and for informal carers, makes information, support and exchange accessible remotely.

www.interreg2seas.eu/MONUMENT

CONTACT

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PARTNERS

LEAD PARTNER



Stad Mechelen (BE)

www.mechelen.be

PROJECT PARTNERS



Flanders Centre of Expertise on Dementia (BE)

www.dementie.be



IMEC (BE)

www.imec-int.com



Norfolk County Council (UK)

www.norfolk.gov.uk



Afeji (FR)

www.afeji.org



University of Lille (FR)

www.univ-lille.fr



Eurasanté (FR)

lille.eurasante.com



HZ University of Applied Sciences (NL)

hz.nl



iDrops (NL)

idrops.org



WVO Zorg (NL)

www.wvozorg.nl



The National Trust for Places of Historic Interest or Natural Beauty (UK)

www.nationaltrust.org.uk

WHAT IS THE ODENSE CONCEPT?

An Odense house is an information, advice and meeting place for informal carers, people living with (mild to moderate and/or young onset) dementia, and their family and friends.

Quality of life comes first. People living with dementia and their loved ones can continue living independently as best they can.

An Odense house is an accessible walk-in home where people decide for themselves when they come and what they do. It is a safe place nearby where they can feel 'at home'. There are active volunteers. Each contributes according to his or her own talents. There is at least one professional present who plays a coordinating, facilitating, and supporting role.

In the Odense house, there is room for meetings, support sessions, activities, and advice. It also offers support to informal carers, for example in the form of peer support groups. Informal carers share their knowledge and experience. In this way, they support each other and strengthen their own networks.

LEARN MORE: odensehuizen.nl/about-us/

WHAT ARE THE ADVANTAGES?

- Reliable and structured timely information, support, and attention to leisure time
- Information on dementia-friendly services and exchange with like-minded people via an accessible digital platform
- A walk-in house/services centre adapted to the needs of people living with dementia and their carers
- An adapted walking and recreation area to improve the use by people living with dementia and their carers (including improvement of signage)
- Accessible assistive technology, tailored and timely introduced
- Remote monitoring technology, tested and tailored to the specific needs of the carer of a person living with dementia
- Guidance on how to realise the MONUMENT Odense model

WHAT DOES MONUMENT DELIVER?



5 pilots offering support to informal carers of PLWD based on the Odense concept, consolidating and structuring early information, support and recreation

A service centre adapted to the needs of PLWD and their informal carers

A site adapted to improve the use by PLWD and their informal carers, including improvements to signage



A multilingual digital platform by and for informal carers of PLWD, consolidating information on dementia friendly services, and enhancing exchange with peers



Demos making existing assistive technology (TRL9) accessible in an experiential manner, enabling a timely introduction and adaptation to the needs of the informal carers

Tests co-creating remote monitoring technologies (TRL7) in an operational environment tailored to the specific needs of the informal carers



Socio-economic feasibility study on the MONUMENT Odense model for policy makers and guidance for solution actors

